

ICP Reference No: ACI

**Pembrokeshire and Derwen NHS Trust
 Integrated Care Pathway**

FRACTURED NECK OF FEMUR

LEFT

Please circle

RIGHT

The following criteria must be met for this ICP to be appropriate for a patient:

- Definite diagnosis of a fractured neck of femur
- Fracture must not be pathological
- Patients must not have multiple fractures

Patient Addressograph:

Date of admission:

Consultant: Type of fracture:

Department: Operation:

This ICP was developed by: Sally Gulliver, Trauma Liaison Nurse, Ward 1 and Multi-disciplinary team

Version: One – January 07

This Integrated Care Pathway (ICP) is a multi-disciplinary document and will serve as the ward based record of care for this particular admission episode.

This ICP is a guide to the provision of care to patients following a fractured neck of femur. However, professionals are encouraged to maintain their own judgement and assess suitability to remain on the pathway, according to changes in the patient's condition.

BLACK INK MUST BE USED TO COMPLETE THIS DOCUMENT

The ICP takes the place of all medical and nursing notes.

Everyone using the Pathway must document their name, signature and initials on the signature page provided (page 7).

Any deviations from the outlined Pathway should be documented by the relevant professional as and, where necessary, acted upon accordingly.

Where it has been necessary to remove the patient from the ICP documentation should continue in the medical/nursing notes, and see reasons for coming off the pathway be made clear.

Variations may or may not result in the discontinuing of the ICP, professional judgement should always be applied.

As far as possible, the ICP should stay as a complete document. Where this has not been possible the relevant professional must ensure that the documentation is returned to its complete state as soon as possible.

Contact No: Sally Gulliver, Trauma Liaison Nurse extension 3932
Viv Thirkill Recovery Sister extension 3274

Allergy.....
Warning.....

REFERENCES

Davis P and O'Neill C (2002) The potential benefits of intermittent pneumatic compression in the prevention of deep venous thrombosis. Journal of Orthopaedic Nursing. 6. pp 95-100.

Morris. R. T. (2004) Evidence based compression. Prevention of stasis and deep vein thrombosis. Lippincott Williams and Wilkins, Annals of Surgery. February. Vol 239. No 2.

NICE Guidelines for the secondary prevention of Osteoporotic fragility fractures in post menopausal women. (2005) January. (review 2007).

Onslow L. (2003) An integral care pathway for fractured neck of femur patients. Professional Nurse. January. Vol 18. No 5.

PEP Trial (2000) The PEP study of Aspirin (86). Pulmonary Embolism Prevention. Lancet 355. pp 1295-1302.

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Sign. (2002) Prevention and Management of hip fracture in older people. Edinburgh.

United they stand. Co-ordinating care for elderly patients with hip fracture. The Stationary Office. London.

Welsh Assembly Government (2004/2005) Welsh Emergency Care Access. Collaborative Programme. Appendix 8. p 30.

FRACTURED NECK OF FEMUR

Attach A&E sheets here
with Cellotape

A&E casualty card
A&E care plan

FRACTURED NECK OF FEMUR

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

PRESENTING HISTORY

- Presenting problem**
 - pain in hip
 - inability to weight bear
 - deformity

- History of present Problem**
 - fall?
 - how
 - why
 - when

- How long before seen by:**
 - relative
 - neighbour/friend
 - GP
 - ambulance personnel

- Concurrent presenting Problem**
 - hypothermia
 - dehydration
 - other

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

POST-OP DAY 10		DATE						
MULTIDISCIPLINARY NOTES								
Medical / Nursing / Allied Health Professionals								
Code: D= Doctor, N= Nurse, PT= Physiotherapist, OT= Occupational Therapist, S= Speech & Lang, Ph= Pharmacist, SRD= Dietitian, SW= Social Worker, SN= Specialist Nurse, LN= Liaison Nurse								
INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x		
NURSING		PHYSIOTHERAPY						
10P1	Pain controlled				Consent to treatment			
10P2	Orientated				Exercise programme continued			
10P3	Temperature apyrexial				Transfer practice continued			
10P4	BP recorded				Gait re education			
10P5	Wound dry				Rehabilitation potential discussed			
10P6	Continent				OCCUPATIONAL THERAPY			
10P7	Adequate fluids taken				Transfer assessment			
10P8	Adequate diet taken				Personal ADL assessment			
10P9	Fluid balanced				Heights form collected			
10P10	Medication as prescribed				PHARMACY			
10P11	Pressure areas (sacrum) Intact, colour				Prescription checked			
10P12	Pressure areas (heels) intact, colour				Drug therapy monitored			
10P13	Personal hygiene with assistance				LIAISON NURSE			
10P14	Bowels opened							
10P15	Review discharge plan							
10P16	Discontinue venaflo pump when mobile							
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD	

Affix patient label here

Estimated length of stay:

TO BE COMPLETED BY ADMITTING SHO IN A&E

MEDICAL HISTORY		
PAST MEDICAL HISTORY	DETAILS	DATE
Ischaemic Heart Disease		
High Blood Pressure		
Atrial Fibrillation		
Previous Stroke		
Diabetes Mellitus		
Hepatitis		
Peptic ulcer		
Tuberculosis		
Asthma		
DVT-PE		
Epilepsy		
MEDICATION Is this likely to predispose to falls?		
OPERATIONS (State year)		
FAMILY HISTORY		
Ischaemic Heart Disease		
High Blood Pressure		
Stroke		
Diabetes Mellitus		
Tuberculosis		
Asthma		
Other		
RISK FACTORS Occupation Smoking Alcohol Cholesterol		

SYSTEM REVIEW				
CARDIO RESPIRATORY SYSTEM				
GASTRO-INTESTINAL				
GENITO-URINARY				
CENTRAL NERVOUS SYSTEM				
OTHER				
PHYSICAL EXAMINATION				
Anaemia	Cyanosis	Clubbing	Jaundice	Lymphadenopathy
Hydration	Skin		Temperature	
Thyroid				
Breasts				Other

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

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POST-OP DAY 9		DATE					
MULTIDISCIPLINARY NOTES							
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INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x	
NURSING					PHYSIOTHERAPY		
9P1	Pain controlled				Consent to treatment		
9P2	Orientated				Exercise programme continued		
9P3	Temperature apyrexial				Transfer practice continued		
9P4	BP recorded				Gait re education		
9P5	Wound dry				Rehabilitation potential discussed		
9P6	Continent				OCCUPATIONAL THERAPY		
9P7	Adequate fluids taken				Transfer assessment		
9P8	Adequate diet taken				Personal ADL assessment		
9P9	Fluid balanced				Heights form collected		
9P10	Medication as prescribed				PHARMACY		
9P11	Pressure areas (sacrum) Intact, colour				Prescription checked		
9P12	Pressure areas (heels) intact, colour				Drug therapy monitored		
9P13	Personal hygiene with assistance				LIAISON NURSE		
9P14	Bowels opened						
9P15	Review discharge plan						
9P16	Discontinue venaflo pump when mobile						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

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SYSTEM REVIEW		
CARDIO VASCULAR SYSTEM		
Pulse rate	Rhythm	Character
BP		
Heart Sounds		
Bruits		
RESPIRATORY SYSTEM		
Abdomen		

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

PHYSICAL EXAMINATION			
MUSCULOSKELETAL/ORTHOPAEDIC			
PHYSICAL EXAMINATION			
MENTAL TEST SCORE		GLASGOW COMA SCORE	
Age <input type="checkbox"/>		Eye Opening Spontaneous 4	
DoB <input type="checkbox"/>		To command 3	
Year <input type="checkbox"/>		To pain 2	
Time of Day <input type="checkbox"/>		None 1	
Place <input type="checkbox"/>		Verbal Response Orientated 5	
Monarch <input type="checkbox"/>		Confused 4	
WW1 <input type="checkbox"/>		Random 3	
20-1 <input type="checkbox"/>		Grunts 2	
2 people recognition <input type="checkbox"/>		None 1	
Recall address <input type="checkbox"/>		Motor Response Obeys 6	
Total 10		Localises pain 5	
		Withdraws 4	
		Flexes to pain 3	
		Extends to pain 2	
		None 1	
		Total 15	

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POST-OP DAY 8		DATE					
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INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x	
NURSING					PHYSIOTHERAPY		
8P1	Pain controlled				Consent to treatment		
8P2	Orientated				Exercise programme continued		
8P3	Temperature apyrexial				Transfer practice continued		
8P4	BP recorded				Gait re education		
8P5	Wound dry				Rehabilitation potential discussed		
8P6	Continent				OCCUPATIONAL THERAPY		
8P7	Adequate fluids taken				Transfer assessment		
8P8	Adequate diet taken				Personal ADL assessment		
8P9	Fluid balanced				Heights form collected		
8P10	Medication as prescribed				PHARMACY		
8P11	Pressure areas (sacrum) Intact, colour				Prescription checked		
8P12	Pressure areas (heels) intact, colour				Drug therapy monitored		
8P13	Personal hygiene with assistance				LIAISON NURSE		
8P14	Bowels opened						
8P15	Review discharge plan						
8P16	Discontinue venaflow pump when mobile						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

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OBSERVATIONS						
	Result	Initials	Time	Result	Initials	Time
Temperature				Weight		
Blood Pressure				Blood Sugar		
Pulse				Glasgow Coma Score		
Respirations						
O2 Sats						
INITIAL INVESTIGATIONS						
Routine	Result			May be required	Result	
Thyroid				LFT		
FBC				CXR		
U&E				COAG		
G&S X-Match				MRSA screen		
Urinalysis				Blood glucose		
ECG				Blood for culture		
				Echo		
				Other		
DIFFERENTIAL DIAGNOSIS						
Intracapsular fractured femur						
Intertrochanteric fractured femur						
Subtrochanteric fractured femur						

* Do not fast the patient until you have a definite theatre time!

* Do not book theatre until patient is fit for theatre

* Decide on operation prior to booking theatre

Operation type:

Name of person theatre booked with:

MANAGEMENT PLAN

IV Access Remember to prescribe drugs

Assess for fluids Sub-cut

Patient fit for surgery Yes No Date & Time of planned surgery

Surgery cancelled Yes No Reason

Surgery cancelled Yes No Reason

Surgery cancelled Yes No Reason

Surgery postponed Yes No Reason

Surgery postponed Yes No Reason

Surgery postponed Yes No Reason

SHO Signature **Print Name**

Date **Time**

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

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POST-OP DAY 7		DATE					
MULTIDISCIPLINARY NOTES							
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INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x	
NURSING					PHYSIOTHERAPY		
7P1	Pain controlled				Consent to treatment		
7P2	Orientated				Exercise programme continued		
7P3	Temperature apyrexial				Transfer practice continued		
7P4	BP recorded				Gait re education		
7P5	Wound dry				Rehabilitation potential discussed		
7P6	Continent				OCCUPATIONAL THERAPY		
7P7	Adequate fluids taken				Transfer assessment		
7P8	Adequate diet taken				Personal ADL assessment		
7P9	Fluid balanced				Heights form collected		
7P10	Medication as prescribed				PHARMACY		
7P11	Pressure areas (sacrum) intact, colour				Prescription checked		
7P12	Pressure areas (heels) intact, colour				Drug therapy monitored		
7P13	Personal hygiene with assistance				LIAISON NURSE		
7P14	Bowels opened						
7P15	Review discharge plan						
7P16	Discontinue venaflo pump when mobile						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

Patient Details	Temporary Address	Care Team	Previous Medical History/Dates	Current Medication / Complimentary Therapy
Hosp. No: NHS No: E. No: Forenames: Present Address: Post Code: Likes to be known as: Tel. No: Age: Gender: M/F Title Marital Status Pref. Language Ethnic Origin Occupation: Religion Do you want information about your religion to be passed to the hospital chaplaincy team Yes <input type="checkbox"/> No <input type="checkbox"/>	Temporary GP Name: Surgery: Allergies/Latex Sensitivities	Consultant: GP: Surgery: Telephone: Other professionals or agencies currently involved e.g. District Nurse/Health Visitor/Social Worker/Dentist etc. Role: Name: Tel. Role: Name: Tel. Role: Name: Tel.	Drug Name Dose Frequency/Time Is the Patient able to self medicate? Yes <input type="checkbox"/> No <input type="checkbox"/>	Drug Name Dose Frequency/Time Is the Patient able to self medicate? Yes <input type="checkbox"/> No <input type="checkbox"/>
Accommodation <input type="checkbox"/> House <input type="checkbox"/> Flat <input type="checkbox"/> Bungalow <input type="checkbox"/> Nursing/Resid. <input type="checkbox"/> Private House <input type="checkbox"/> Council <input type="checkbox"/> Rented <input type="checkbox"/> Warden Controlled <input type="checkbox"/> Other [specify] Heating: [specify] ACCESS: [specify] Toilet: <input type="checkbox"/> Upstairs <input type="checkbox"/> Downstairs <input type="checkbox"/> Outside <input type="checkbox"/> Commode Bedroom: Upstairs Downstairs Able to negotiate stairs Y <input type="checkbox"/> N <input type="checkbox"/> N/A <input type="checkbox"/>	Support Networks Lives: <input type="checkbox"/> Alone <input type="checkbox"/> With Spouse <input type="checkbox"/> Other [specify]	Reason for Admission / Patient's Perception Reason EDD. Date Time via: GP <input type="checkbox"/> A+E <input type="checkbox"/> Other <input type="checkbox"/> Reason Date Time via: GP <input type="checkbox"/> A+E <input type="checkbox"/> Other <input type="checkbox"/> Reason Date Time via: GP <input type="checkbox"/> A+E <input type="checkbox"/> Other <input type="checkbox"/>		

Next of Kin THIS INFORMATION COMPLIES WITH THE REQUIREMENTS OF THE CALDICOTT REPORT

Name:
 Relationship:
 Address:
 Tel. [H] [W]
 [Yes] [No]

IS INFORMATION REGARDING YOUR CLINICAL CONDITION TO BE GIVEN TO THIS PERSON. (Named Relative)

IF YOU ANSWERED NO TO THE ABOVE QUESTION:-
Name of person to discuss your clinical condition with:

Name:
 Relationship:
 Address:
 Tel. [H] [W]

Main Carer if different from Next of Kin

Name:
 Relationship:
 Address:
 Tel. [H] [W]

ANY INFORMATION GIVEN WILL BE HELD IN CONFIDENCE BUT SOMETIMES IT MAY NEED TO BE SHARED WITH OTHER PROFESSIONALS SO THAT ALL OF YOUR NEEDS CAN BE MET.

Patient Sign: Nurse Sign: Date:

Patient Details **Consultant/GP:**

Area Specific Information (e.g. vital signs, relevant results, directions, parents' address (Paeds), codes etc). Each entry must be dated and signed by the nurse.

Communicable Infection

- Past MRSA infection Yes No
- Current MRSA infection Yes No
- Other relevant communicable infection Yes No

All Core Information must be re-checked on every admission.

Information on re-admission provided by:

Information on re-admission provided by:

FRACTURED NECK OF FEMUR

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

SITTING UP? (Long time)	Answer + Score	POOR GENERAL CONDITION	Answer + Score	INCONTINENT?	Answer + Score	GETS UP AND WALKS?	Answer + Score
a) Bedfast and nursed flat b) Only sit up in a chair - short periods c) Does not sit for long periods (ambulant)	NO 0	a) Fairly good general condition b) Awaiting minor operation or physical c) Minor sensory neuropathy	NO 0	a) No incontinence, and no "accidents" recently b) Indwelling cath/stoma, but no leaks/accidents	NO 0	a) Fully ambulant b) Slight impediment c) Uses side with no difficulty	YES 0
a) Sits in self propelled chair (less than 10hrs) but flat when in bed	NO, But.. 1	a) Recent operation (under G.A.) b) Some restriction of lower extremities c) Minor sensory neuropathy	NO, But.. 1	a) Sometimes wets bed/spills urinal b) Occasional accidents with attached urinal c) Occasional leaks from indwelling catheter d) Occasional faecal incontinence	NO, But.. 1	a) Has difficulty walking with aid b) Walks with help and encouragement c) Soon tires d) Can only walk to toilet	YES & NO 1
a) Sits in self propelled chair for 10 hrs or more. b) Sits for short periods - both in bed and in fixed chair	YES, But.. 2	d) Perip. arterial disease e) Diabetic f) Arthritic g) Anorexic h) Pyrexial i) Hypotensive j) On steroids k) Chemotherapy l) Radiotherapy m) Elderly and thin, or obese	NO, But.. 1	a) Small amounts and infrequent b) Urine only and infrequent c) Faecal (infrequent) but some leaks (cath/urinel)	YES, But.. 2	a) Bedfast b) Chairfast c) Stands and shuffles - with help and encouragement	NO 2
a) Propped up in bed - longish periods - most of the day b) Sits up both day and night	YES 3	a) Some injuries to lower half of body, but fair general condition b) Severe injuries (lower half) but no restriction of movement c) Well established chronic disease/disability d) Young paraplegic e) Active hemiplegic f) Elderly and on steroids	YES, But.. 2	a) Continual dribble/leak b) Frequent urine/faecal incontinence c) Doubly incontinent	YES 3		
UNCONSCIOUS							
a) Fully conscious and orientated b) Fully conscious and slightly confused	NO 0						
a) Confused b) Withdrawn c) Semi-conscious at times	NO, But.. 1			LIFTS UP?	YES 0		
a) Rousable - responds to commands of pain	YES, But.. 2	a) Limited mobility and great age b) Severe injuries - including legs/pelvis c) Seriously/critically ill d) Terminal (acute) illness e) Emaciated/Cachexic f) Severe general infection g) Severe uraemia h) Multiple pathology i) Iliac. thrombosis j) Severe M.S. k) Hansen's disease l) Extensive loss of pain m) Recent paraplegic n) Quadraplegic o) On narcotics (for pain) p) Combined chemotherapy, radiotherapy and /or steroids	YES 3	a) Lifts all of body clear of support b) Easily lifts pelvis clear	YES & NO 1		
a) Deeply unconscious b) Does not respond to pain	YES 3			a) Can only lift pelvis with some effort and soon tires b) Seldom lifts self c) Can lift with help d) Lifts slightly - shuffles along support	NO 2		

This pressure sore prevention aid was developed at the Royal National Orthopaedic Hospital (NHS) Trust, Stanmore, Middlesex.

FRACTURED NECK OF FEMUR

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

POST-OP DAY 5		DATE					
MULTIDISCIPLINARY NOTES							
Medical / Nursing / Allied Health Professionals							
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INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x	
NURSING					PHYSIOTHERAPY		
5P1	Pain controlled				Consent to treatment		
5P2	Orientated				Exercise programme continued		
5P3	Temperature apyrexial				Transfer practice continued		
5P4	BP recorded				Gait re education		
5P5	Wound dry				Rehabilitation potential discussed		
5P6	Continent				OCCUPATIONAL THERAPY		
5P7	Adequate fluids taken				Transfer assessment		
5P8	Adequate diet taken				Personal ADL assessment		
5P9	Fluid balanced				Heights form collected		
5P10	Medication as prescribed				PHARMACY		
5P11	Pressure areas (sacrum) Intact, colour				Prescription checked		
5P12	Pressure areas (heels) Intact, colour				Drug therapy monitored		
5P13	Personal hygiene with assistance				LIAISON NURSE		
5P14	Bowels opened						
5P15	Review discharge plan						
5P16	Discontinue venaflo pump when mobile						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

<p>Consultant/GP</p>	<p>Nurse Sign</p> <p>Nurse Date</p> <p>NEEDS IDENTIFIED Pre-Admission / Current Status</p>	
<p>Patient Details</p> <p>Hosp. No: _____</p> <p>Surname: _____</p> <p>Forenames: _____</p> <p>Present Address: _____</p> <p>Post Code: _____</p> <p>Tel. No: _____</p> <p>DOB: _____</p> <p>NHS No: _____</p> <p>E. No: _____</p> <p>Likes to be known as: _____</p> <p>Age: _____</p>	<p>1. User's Perspective</p> <ul style="list-style-type: none"> Problems and issues in the user's own words User's expectations, needs, strengths, abilities and motivation including cultural and social expectations Recent life events — including strengths and coping mechanisms Personal and spiritual fulfillment and life-style choices Issues surrounding the patient's level of anxiety, fears, self esteem and body image. Health perception, spiritual beliefs, mental health. Advocacy needs. 	<p>2. Carer's perspective and need for carer assessment</p> <ul style="list-style-type: none"> Physical difficulties in caring Psychological difficulties and pressures arising from caring role, including shock, grief, inadequacy Life constraints arising from caring role, e.g. clashes with employment, child care responsibilities, leisure activity Carer's strengths, expectations, motivation and perception of her/his needs and user's needs Issues around support/relationships with family, carers, friends Issues around the patient's ability to cope at home. Current care received
		<p>3. Clinical background</p> <ul style="list-style-type: none"> Issues around the patient's environment and how he/she is able to cope Issues around mobility/aids used, physical activity, patterns of exercise, history of falls (complete Stratify) Breathing difficulties, history of obstructive airway disease. Issues around the patient's respiratory function, consider referral to Respiratory CNS
		<p>4. Disease prevention</p> <ul style="list-style-type: none"> History of blood pressure monitoring Issues around the patient's nutritional intake, preferences and hydration, alcohol intake. Vaccination history - including Flu vaccine Does the patient smoke, how many? Issues around mobility, physical activity, patterns of exercise, consider referral to Physio History of screening clinics attended

NEEDS IDENTIFIED
 Pre-Admission / Current Status

- 5. **Personal care and physical well-being**
 Pain - complete pain screening/consider referral to CNS acute or chronic pain, if wound/pressure sore present complete wound assessment, **record PSPS**.
Foot-care, consider referral to Podiatry
 Issues around cardiovascular and peripheral system, systemic perfusion, skin integrity - consider referral to TV Nurse Practitioner
 Issues around mobility, physical activity, patterns of exercise, ability to climb stairs
 Issues around **excretory function** and abnormalities. (Bowel, urine output, menstruation). Consider referral to Continence CNS/Stoma CNS
 Consider patient's pattern of **sleep, rest**, relaxation and perception of energy levels
- 6. **Activities of Daily living**
 Issues around the **patient's personal hygiene**, dressing and self care ability
 Grooming, including hair care and shaving
 Transfer in/out of chair/bed (refer to M&H). Complete M&H assessment
 Issues around the patient's nutritional intake, preferences and hydration, complete nutritional screening/assessment, **oral health**, alcohol intake
 Issues around the patient's environment and how he/she is able to cope
- 7. **Senses**
 Issues around the patient's ability to express self including **pain, sensory loss, speech** problems
 Speech and communication, first/preferred language, consider referral to SALT
 Consider the patient's conscious level, is he/she orientated and responsible for self
- 8. **Mental health**
 Cognition and dementia, including orientation and memory
 Mental health including confusional states, paranoid states, depression and reaction to loss, and other emotional difficulties
 Substance misuse (including tranquilisers or alcohol)
 Issues surrounding the patient's level of anxiety, fears, self esteem and body image. Health perception, spiritual beliefs, mental health
- 9. **Relationships**
 Social support and network, **personal relationships**, and involvement in leisure, hobbies, religious groups
 Carer support and strength of caring arrangements
 Ability to care for others where necessary, eg partner
 Issues around support/relationships with family, carers, friends
- 10. **Safety**
 Abuse and neglect. Refer to Vulnerable Adult Policies and Procedures)
 Issues around the **patient's environment** and how he/she is able to cope
 Public safety/hazards
 Complete manual handling assessment (risk assessment)
- 11. **Instrumental Activities of Daily Living**
 Meal and snack preparation, make hot drink, consider referral to OT
 Heavy housework (cleaning), shopping, care of the home
 Keeping warm
 Managing affairs (finances, paperwork)
- 12. **Immediate environment and resources**
 Accommodation (including noise), heating or physical hazards, location and access, see Sheet 1
 Level and management of finances and need for benefit advice (risk assessment)
 Access to local facilities and services
 Work, education, learning and participating in community activities
 Transport needs, benefits

FRACTURED NECK OF FEMUR

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

POST-OP DAY 4				DATE			
MULTIDISCIPLINARY NOTES							
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INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS		√ / x
NURSING					PHYSIOTHERAPY		
4P1	Pain controlled				Consent to treatment		
4P2	Orientated				Exercise programme continued		
4P3	Temperature apyrexial				Transfer practice continued		
4P4	BP recorded				Gait re education		
4P5	Wound dry				Rehabilitation potential discussed		
4P6	Continent				OCCUPATIONAL THERAPY		
4P7	Adequate fluids taken				Transfer assessment		
4P8	Adequate diet taken				Personal ADL assessment		
4P9	Fluid balanced				Heights form collected		
4P10	Medication as prescribed				PHARMACY		
4P11	Pressure areas (sacrum) Intact, colour				Prescription checked		
4P12	Pressure areas (heels) Intact, colour				Drug therapy monitored		
4P13	Personal hygiene with assistance				LIAISON NURSE		
4P14	Bowels opened						
4P15	Review discharge plan						
4P16	Discontinue venaflo pump when mobile						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

PAIN SCREENING TOOL		Yes	No	Please comment
1.	Are you in any pain now? <i>Complete pain scoring (eg. 0-3)</i>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Is this pain new?	<input type="checkbox"/>	<input type="checkbox"/>
3.	Do you experience pain as part of an ongoing problem?	<input type="checkbox"/>	<input type="checkbox"/>
4.	Have you been seen by a Specialist Nurse. e.g. Pain SN/Macmillian Nurse/Consultant/Tissue Viability/Rheumatology etc) for your ongoing problem? <i>Note previous referral; re-refer if necessary</i>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Is surgery planned? <i>Complete acute pain score; refer to SN if pain is still problem.</i>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Is further intervention required? Please detail action taken in comments section.	<input type="checkbox"/>	<input type="checkbox"/>

Please record any action taken in the Nursing Documentation: seek advice from Specialist Nurse if required

Referral to the Specialist Nurse YES NO

Signature:..... Date:

Re Screen Date:

Patient Details

Hosp. No: NHS No:

Name: Likes to be known as:

Address:

Post Code:

Tel. No:

DOB: Age:

Screening of Patient falls, pain and nutrition must be carried out on admission to the Service and at identified intervals thereafter.

STRATIFY RISK SCREENING TOOL (Management of Falls)

If you answer yes to any of the following questions (or are unsure) **you must** complete the Stratify Risk Assessment, implement a Plan of Care and record all evaluations in the nursing documentation.

- | | | | |
|-----|--|--------------------------|--------------------------|
| 1. | Has the patient fallen within the last 3 months? | YES | NO |
| | | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. | Is the patient agitated? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. | Is the patient visually impaired to the extent that everyday function is affected? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. | Does the patient need to use the toilet frequently? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5a. | Does the patient need assistance/supervision to get from sitting to standing? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5b. | Does the patient need assistance/supervision to mobilise? | <input type="checkbox"/> | <input type="checkbox"/> |

Stratify Risk Assessment completed?

Signature:..... Date:

Re Screen Date:

Adapted from STRATIFY (Dr. D. Oliver - 1997)

BODY MASS INDEX READY RECKONER

WEIGHT (KILOGRAMS)	HEIGHT (FEET AND INCHES)												HEIGHT (METRES)																							
	4'6"	7"	8"	9"	10"	11"	5'0"	1"	2"	3"	4"	5"	6"	7"	1.36	1.40	1.44	1.48	1.52	1.56	1.60	1.64	1.68	1.72	1.76	1.80	1.84	1.88	1.92	1.96	2.00					
110	59	58	56	55	53	52	50	49	48	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20
109	59	57	55	54	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20
108	58	57	55	54	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20
107	57	56	54	53	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20
106	57	55	54	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	
105	56	55	53	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	
104	56	54	53	51	50	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20		
103	55	54	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20		
102	55	53	52	50	49	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20			
101	54	53	51	50	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20			
100	54	52	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20			
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98	53	51	50	49	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20				
97	53	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20				
96	52	50	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20					
95	51	50	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20					
94	51	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20					
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77	42	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20														
76	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20														
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66	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20																			
65	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20																				
64	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20																				
63	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20																					
62	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20																					
61	33	32	31	30	29	28	27	26	25	24	23	22	21	20																						
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45	24	23	22	21	20																															
44	24	23	22	21	20																															

NUTRITIONAL RISK SCREENING TOOL

1. Measure patient heightmetres

2. Measure patient weightkg

3. Work out the patient's BMI (normal 20-25)

4. What is your normal weight?kg

5. Have you unintentionally lost weight? Yes No

6. Have you been eating less than usual? Yes No

7. Are any of the following risk factors for malnutrition present? Tick any that apply:
(NB: Patients with a BMI above 25 may require health promotional literature)

BMI <20 chronic disease infection/sepsis

wounds pressure sores unconscious

decreased appetite eating/digestive difficulties inability to feed independently

NBM reduced dietary intake no dietary intake for more than 3-4 days

diarrhoea and/or vomiting excessive weakness apathy/fatigue

Other

A "YES" response to Question 5, 6 or 7 requires a full nutritional assessment to be completed NOW. If you are unable to measure the patient you must complete full nutritional assessment.

Full Assessment Completed Yes N/A

Signature..... Date

Rescreen Date

Nutritional Screening must be carried out on admission to the service and at weekly intervals thereafter, or if risk factors develop.

FRACTURED NECK OF FEMUR

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

POST-OP DAY 3		DATE					
MULTIDISCIPLINARY NOTES							
Medical / Nursing / Allied Health Professionals							
Code: D= Doctor, N= Nurse, PT= Physiotherapist, OT= Occupational Therapist, S= Speech & Lang, Ph= Pharmacist, SRD= Dietitian, SW= Social Worker, SN= Specialist Nurse, LN= Liaison Nurse							
INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x	
NURSING					PHYSIOTHERAPY		
3P1	Pain controlled				Consent to treatment		
3P2	Orientated				Exercise programme continued		
3P3	Temperature apyrexial				Transfer practice continued		
3P4	BP recorded				Gait re education		
3P5	Wound dry				Rehabilitation potential discussed		
3P6	Continent				OCCUPATIONAL THERAPY		
3P7	Adequate fluids taken				Transfer assessment		
3P8	Adequate diet taken				Personal ADL assessment		
3P9	Fluid balanced				Heights form collected		
3P10	Medication as prescribed				PHARMACY		
3P11	Pressure areas (sacrum) Intact, colour				Prescription checked		
3P12	Pressure areas (heels) intact Review PSPS daily, colour				Drug therapy monitored		
3P13	Personal hygiene with assistance				LIAISON NURSE		
3P14	Bowels opened						
3P15	Review discharge plan						
3P16	Discontinue venaflo pump when mobile						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

PATIENT PROPERTY DISCLAIMER FORM

Patient Details	Consultant/GP:	Patient Property Disclaimer Form
Ward / Area:	Ward / Area:	Ward / Area:
I (name)	I (name)	I (name)
of (address)	of (address)	of (address)
<p>understand that Pembrokeshire & Derwen NHS Trust cannot accept any responsibility for the loss or damage to items of property unless they are handed in for safekeeping, and an official receipt obtained. I understand that any property I decide not to hand in remains my responsibility, and the production of a receipt is required for recovery of any property held by the Trust.</p>		
I am the <input type="checkbox"/> Patient	I am the <input type="checkbox"/> Patient	I am the <input type="checkbox"/> Patient
<input type="checkbox"/> Relative	<input type="checkbox"/> Relative	<input type="checkbox"/> Relative
<input type="checkbox"/> Carer	<input type="checkbox"/> Carer	<input type="checkbox"/> Carer
Name (Print)	Name (Print)	Name (Print)
Signature:	Signature:	Signature:
Date:	Date:	Date:
Nurse Name (Print)	Nurse Name (Print)	Nurse Name (Print)
Nurse Signature	Nurse Signature	Nurse Signature

PATIENT PROPERTY DISCLAIMER FORM

To be re-used for FOUR admissions

Consultant/GP:

Patient Details

Patient Property Disclaimer Form

Patient Property Disclaimer Form

Ward / Area: Date:.....

I (name)

of (address)

.....

understand that Pembrokehire & Derwen NHS Trust cannot accept any responsibility for the loss or damage to items of property unless they are handed in for safekeeping, and an official receipt obtained. I understand that any property I decide not to hand in remains my responsibility, and the production of a receipt is required for recovery of any property held by the Trust.

I am the Patient Relative Carer

Name (Print)

Signature:

Date:

Nurse Name (Print)

Nurse Signature

Ward / Area: Date:.....

I (name)

of (address)

.....

understand that Pembrokehire & Derwen NHS Trust cannot accept any responsibility for the loss or damage to items of property unless they are handed in for safekeeping, and an official receipt obtained. I understand that any property I decide not to hand in remains my responsibility, and the production of a receipt is required for recovery of any property held by the Trust.

I am the Patient Relative Carer

Name (Print)

Signature:

Date:

Nurse Name (Print)

Nurse Signature

FRACTURED NECK OF FEMUR

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

POST-OP DAY 1		DATE					
MULTIDISCIPLINARY NOTES							
Medical / Nursing / Allied Health Professionals							
Code: D= Doctor, N= Nurse, PT= Physiotherapist, OT= Occupational Therapist, S= Speech & Lang, Ph= Pharmacist, SRD= Dietitian, SW= Social Worker, SN= Specialist Nurse, LN= Liaison Nurse							
INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS		√ / x
NURSING					PHYSIOTHERAPY		
1P1	Pain controlled				Consent to treatment		
1P2	Order check x ray – not required for D.H.S.				Range of movement & quads		
1P3	CMS to affected limb				Transfers commenced		
1P4	Temperature apyrexial				Bed mobility encouraged		
1P5	BP recorded						
1P6	Wound dry				OCCUPATIONAL THERAPY		
1P7	Continue Venaflow & Asprin				Initial interview		
1P8	IVI removed				Height form given		
1P9	Catheter removed				PHARMACY		
1P10	Fluid balanced				Prescription checked		
1P11	Commence Alendronate 70mg once weekly				Drug therapy monitored		
1P12	Commence Calcichew D ³ forte BD				DIETITIAN		
1P13	Pressure areas intact ? Colour (Sacrum, Heels)				Admission noted		
1P14	Sat out of bed				LIAISON NURSE		
1P15	Personal hygiene with assistance						
1P16	Nutrition screening completed?						
1P17	Nutrition assessment completed if necessary?						
1P18	Rehabilitation Reviewed Plan discharge / transfer						
1P19	Bowels opened						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

DVT Prophylaxis Guidelines for patients with Fractured Neck of Femur

Standard Prophylaxis

Venaflow + aspirin 150mg od x 35/7

If patient cannot tolerate aspirin or no venaflow available then Enoxaparin 40mg od x 10/7 + TEDs

High Risk Patient

Venaflow + Enoxaparin 40mg od x 10/7

SIGN guideline 62* defines as high risk a patient who has more than one of the following:-

- >80 years
- Obesity
- Varicose Veins
- Previous VTE
- Heart failure
- Recent MI or Stroke

- Inflammatory bowel syndrome
- Nephroticsyndrome
- Polycythaemia
- Paraproteinaemia
- Bechets disease
- Tamoxifen
- Paralysis
- Malignancy

Reference

* SIGN Guidelines

Agreed with Dr H Grubb (Consultant Haematologist)

Affix patient label here

ADMISSION PHASE		DATE		
Time of ward admission		<input type="text"/>		
INTERVENTIONS		AM sign	PM sign	NIGHT sign
NURSING				Additional info
AP1	Pain controlled			
AP2	Assessments completed			
AP3	Observations completed			
AP4	Gutter in-situ to affected limb			
AP5	Plan of care discussed with patient and relatives			
AP6	Commence pneumatic venous compression (venaflo) to <u>both</u> limbs if not contraindicated and commence Asprin 150mg (soluble) AM			
AP7	Intravenous infusion commenced if indicated and accurate fluid balance			
AP8	Pre-operative paperwork completed			
AP9	Patient placed on appropriate mattress for PSPS score			
Seen by Initial:	Physiotherapist	Pharmacist	Trauma Liaison Nurse	

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession

Affix patient label here

SAFF TARGET FOR LENGTH OF STAY = 6 DAYS

OPERATION DAY		DATE					
MULTIDISCIPLINARY NOTES							
Medical / Nursing / Allied Health Professionals							
Code: D= Doctor, N= Nurse, PT= Physiotherapist, OT= Occupational Therapist, S= Speech & Lang, Ph= Pharmacist, SRD= Dietitian, SW= Social Worker, SN= Specialist Nurse, LN= Liaison Nurse							
INTERVENTIONS	AM sign	PM sign	NIGHT sign	Additional info			
Pre-operative							
OP1	Consent form checked						
OP2	Pain controlled						
OP3	Patient to wear 'venaflo' to theatre						
OP4	IVI commenced						
OP5	Nil by mouth from						
OP6	Prepared for theatre						
OP7	Give usual medication						
Post-operative							
OP8	Handover from recovery						
OP9	Observations recorded						
OP10	Relatives informed						
OP11	IV ABS as prescribed						
OP12	Monitor progress if spinal anaesthetic used, inform Anaesthetist of delay of return of sensation						
OP13	Drainage recorded						
OP14	Pain controlled						
OP15	Discontinue gutter splint						
OP16	Wound dry: Check for - Haematoma - Haemorrhage						
OP17	Catheter care given						
OP18	Monitor colour, movement & sensation of affected limb						
OP19	Medication as prescribed						
OP20	Check cot sides in situ						
PHARMACY							
OP21	Drug history checked						
	Prescriptions checked						
	Drug therapy monitored						
	Supply ensured						
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

Assessment reminder		Fasting instructions		Observations	
Pain score and outcome Nutritional screen Falls screen PSPS Moving and handling		AM operations: no food after 12 midnight, clear fluids until 06:30am PM Operations: light breakfast 07:00am, clear fluids until 10:30am ADMINISTER USUAL MEDICATIONS UNLESS ADVISED OTHERWISE		Temperature Blood pressure Pulse O ² saturation Respirations Urinalysis Blood sugar Bowels	
Date	Code	Ongoing care comments, interventions – all variances must be included with relevant code		Signature and Profession	

Affix patient label here

PRE-OP DAY		DATE					
MULTIDISCIPLINARY NOTES							
Medical / Nursing / Allied Health Professionals							
Code: D= Doctor, N= Nurse, PT= Physiotherapist, OT= Occupational Therapist, S= Speech & Lang, Ph= Pharmacist, SRD= Dietitian, SW= Social Worker, SN= Specialist Nurse, LN= Liaison Nurse							
INTERVENTIONS		AM sign	PM sign	NIGHT sign	INTERVENTIONS	√ / x	
NURSING					PHYSIOTHERAPY		
P1	Pain controlled						
P2	Orientated						
P3	Temperature apyrexial						
P4	BP recorded						
P5	Adequate fluid intake				OCCUPATIONAL THERAPY		
P6	Medication as prescribed						
P7	Pressure areas intact						
P8	Personal hygiene with assistance				PHARMACY		
P9	Bowels opened				Prescription checked		
P10	Rehabilitation planned				Drug therapy monitored		
P11	Reason for delay recorded						
P12	Health check list						
P13	Consent form completed and signed				LIAISON NURSE		
INITIALS	AM	PM	NIGHT	PT	OT	Ph	SRD

Date	Code	Ongoing care, comments, interventions – all variances must be included with relevant code	Signature and Profession